

| First Name | Last Name | Age Cat | Club/UK Athletics Number | Bib Number | Time | Position |
|-------------------|------------------|----------------|---------------------------------|-------------------|-------------|-----------------|
| Matthew | Bennett | M | 2812936 | 99 | 33.45 | 1 |
| Richard | Waldron | M | southampton athletics club | 126 | 34.37 | 2 |
| George | King | M | Winchester and district ac | 119 | 34.46 | 3 |
| Daniel | Hunt | M | 3274842 | 137 | 35.21 | 4 |
| Carmen | Sanchez Toribio | F | WADAC | 166 | 36.29 | 5 |
| David | Howard | M40 | Victory AC | 198 | 36.55 | 6 |
| Nick | Wood | M40 | Wimbledon windmilers | 159 | 36.59 | 7 |
| Daniel | Allaway | M40 | Haslemore Border AC | 309 | 37.48 | 8 |
| Kathy | Bailey | F40 | WADAC | 18 | 38.15 | 9 |
| MIKE | Anderson | M50 | FARNHAM RUNNERS | 234 | 38.47 | 10 |
| James | Moore | M | 3348334 | 95 | 39.25 | 11 |
| James | Vann | M | Alton Runners | 248 | 39.35 | 12 |
| Toby | Leyland | M40 | British Triathlon | 328 | 39.54 | 13 |
| Rorie | Whybro | M | | 300 | 40.00 | 14 |
| Matt | Grote | M40 | | 217 | 40.14 | 15 |
| Warren | Bentley | M | Red Swan | 348 | 40.24 | 16 |
| Darren | Foy | M40 | Lordshill Road Runners | 13 | 40.28 | 17 |
| Will | Campbell-Barnard | M40 | Hart Road Runners | 117 | 40.39 | 18 |
| Nick | Ambler | M40 | 3287383 | 127 | 40.41 | 19 |
| Claire | McErlean | F | Lordshill Road Runners | 141 | 40.59 | 20 |
| Amy | de Vries | F | Salisbury Tri Club | 139 | 41.06 | 21 |
| Peter | Mullins | M | | 187 | 41.09 | 22 |
| Tim | Skelton-Smith | M | Hedge End Running Club | 161 | 41.25 | 23 |
| Howard | Long | M50 | southampton athletics club | 352 | 41.40 | 24 |
| Justin | Martindale | M | | 52 | 41.46 | 25 |
| mark | wilkie | M40 | liss runners | 135 | 41.57 | 26 |
| Shaun | Bucknole | M | | 365 | 42.03 | 27 |
| Tobi | Gowers | M | Salisbury Tri Club | 138 | 42.13 | 28 |
| Colin | Mc Donnell | M40 | | 114 | 42.24 | 29 |
| Jilly | Raw | F | | 250 | 42.24 | 30 |
| Nicholas | Dransfield | M | 3432657 | 238 | 42.27 | 31 |
| Adam | Corbin | M | | 278 | 42.34 | 32 |
| Stuart | Haig | M | FARNHAM RUNNERS | 344 | 42.40 | 33 |
| Luke | Rose | M50 | | 350 | 42.49 | 34 |
| john | mcelroy | M50 | chineham park running club | 188 | 43.01 | 35 |
| Mark | Harris | M | | 38 | 43.06 | 36 |
| Ben | Whettingsteel | M | Eastleigh | 322 | 43.25 | 37 |
| Jack | Penn | M | | 324 | 43.26 | 38 |

| | | | | | | |
|-----------|------------|-----|----------------------------|-----|-------|----|
| Fiona | Lynskey | F | New Forest Runners | 283 | 43.28 | 39 |
| Tim | Crumpton | M60 | Stubbington Green Runners | 108 | 43.29 | 40 |
| Neil | Read | M | | 202 | 43.31 | 41 |
| Michael | Lefort | M40 | NA | 264 | 43.31 | 42 |
| Mark | Adams | M40 | Romsey road | 293 | 43.31 | 43 |
| Ryan | Wailefield | M | Overton Harriers | 332 | 44.01 | 44 |
| Michal | Pierwola | M | | 102 | 44.03 | 45 |
| Sonia | Whatley | F40 | | 331 | 44.04 | 46 |
| Christine | Sadler | F | Chineham park | 284 | 44.07 | 47 |
| Craig | Wakefield | M | | 26 | 44.10 | 48 |
| Andrew | Little | M40 | | 355 | 44.17 | 49 |
| Nicholas | McCreath | M40 | | 91 | 44.24 | 50 |
| Rohinton | Collins | M40 | | 118 | 44.26 | 51 |
| Simon | Pettinati | M40 | | 358 | 44.26 | 52 |
| Steve | Cluett | M40 | Winchester & District AC | 208 | 44.39 | 53 |
| Myles | Bray | M40 | | 361 | 44.44 | 54 |
| Paul | Oxley | M | 27059320 | 181 | 44.49 | 55 |
| Lisa | Gottwald | F | chineham park running club | 329 | 44.54 | 56 |
| Anthony | Johns | M50 | Portsmouth Triathletes | 158 | 44.55 | 57 |
| Philip | Scrase | M50 | Alton Runners | 160 | 45.03 | 58 |
| Howard | Dove | M60 | New Forest Runners | 289 | 45.07 | 59 |
| James | McCafferey | M | 3449114 | 270 | 45.08 | 60 |
| Melissa | Panker | F | Winchester and district AC | 337 | 45.10 | 61 |
| Gavin | McLean | M40 | | 251 | 45.14 | 62 |
| Oliver | Cox | M | | 306 | 45.20 | 63 |
| Paul | Wartnaby | M40 | | 325 | 45.20 | 64 |
| Ian | Jones | M40 | Portsmouth Joggers | 252 | 45.21 | 65 |
| Paul | Gilbertson | M | | 342 | 45.23 | 66 |
| Stu | Lavalette | M40 | USS Runners | 294 | 45.24 | 67 |
| Jim | Armitage | M50 | Alton Runners | 302 | 45.30 | 68 |
| Steve | Carroll | M40 | | 349 | 45.33 | 69 |
| Graeme | Seal | M40 | | 247 | 45.41 | 70 |
| Iona | Strachan | F40 | Hatch Warren Runners | 243 | 45.44 | 71 |
| peter | terry | M40 | | 235 | 45.46 | 72 |
| Joanna | Curtis | F50 | Winchester & District AC | 51 | 45.54 | 73 |
| Jonathan | Killick | M40 | | 157 | 45.58 | 74 |
| Leon | Jones | M | | 97 | 46.00 | 75 |
| Lee | Cubbage | M | | 184 | 46.03 | 76 |
| Stuart | Jackson | M | | 112 | 46.04 | 77 |

| | | | | | | |
|---------|-----------------|------|---------------------------|-----|-------|-----|
| Lynda | Hembury | F50 | Tring Running Club | 222 | 46.11 | 78 |
| James | Long | M | | 351 | 46.14 | 79 |
| Barry | Dewey | M40 | Winchester & District AC | 216 | 46.16 | 80 |
| Matt | Jeffrey | M | | 15 | 46.19 | 81 |
| Simon | Eggwaton | M40 | PNRC | 301 | 46.21 | 82 |
| Robert | Porter | M40 | | 209 | 46.25 | 83 |
| Stephen | Hall | M40 | | 194 | 46.32 | 84 |
| Rob | LUCAS | M40 | | 224 | 46.32 | 85 |
| Ollie | Ledsham | M | | 304 | 46.40 | 86 |
| George | Long | M | Coughborough | 353 | 46.45 | 87 |
| Nigel | Crook | M50 | | 225 | 46.56 | 88 |
| JJ | Heath-Caldwell | M50 | WADAC | 132 | 47.01 | 89 |
| mike | pearce | MVet | alton runners | 162 | 47.01 | 90 |
| PHIL | HOBBY | M | STUBBINGTON GREEN RUNNERS | 233 | 47.05 | 91 |
| Paul | Scott | M40 | | 307 | 47.11 | 92 |
| Ian | Rogers | M50 | Eastleigh | 63 | 47.14 | 93 |
| Neil | Dyer | M50 | | 244 | 47.23 | 94 |
| Derek | Smith | M60 | WADAC | 12 | 47.29 | 95 |
| Chris | Jackson | M60 | FARNHAM RUNNERS | 291 | 47.31 | 96 |
| Dan | Hubbard | M | | 340 | 47.33 | 97 |
| Daniel | Mogrr | M | | 362 | 47.46 | 98 |
| Tracy | Wyeth | F50 | | 17 | 47.58 | 99 |
| Diana | Jordan | F50 | | 213 | 48.00 | 100 |
| David | Blakemore | M40 | | 124 | 48.05 | 101 |
| Colin | Gardner | M50 | Gosport Road Runners | 221 | 48.10 | 102 |
| Paul | Pearce | M40 | | 336 | 48.10 | 103 |
| ian | howard | M50 | fleet and crookham ac | 279 | 48.15 | 104 |
| Harriet | Morley | F40 | Liss runners | 111 | 48.21 | 105 |
| Darren | Kinder | M40 | | 195 | 48.25 | 106 |
| Raphael | Herbaut | M40 | | 311 | 48.36 | 107 |
| Chris | Adcock | M50 | | 203 | 48.39 | 108 |
| simon | ashdown | M40 | | 105 | 48.47 | 109 |
| Jenny | Grote | F40 | | 219 | 48.48 | 110 |
| Martin | Southgate | M40 | | 125 | 48.51 | 111 |
| Naomi | Shaylor | F40 | Alton Runners | 215 | 48.53 | 112 |
| Robert | Britton | M40 | | 308 | 49.01 | 113 |
| Robert | Cornwell | M60 | Fleet & Crookham AC | 212 | 49.09 | 114 |
| Jason | Bushnell | M | | 21 | 49.14 | 115 |
| Lucia | Sanchez Toribio | F | | 165 | 49.27 | 116 |

| | | | | | | |
|----------|-------------|------------|-------------------------------|-----|-------|-----|
| Alan | White | M50 | STUBBINGTON GREEN RUNNERS | 319 | 49.27 | 117 |
| Peter | Swithinbank | M60 | | 23 | 49.29 | 118 |
| Hannah | Coxhead | F | Newbury AC | 240 | 49.29 | 119 |
| Roy | Naismith | M50 | | 273 | 49.37 | 120 |
| Angela | brown | F50 | | 228 | 49.42 | 121 |
| Adrian | Sutton | M40 | BMHAC | 347 | 49.46 | 122 |
| James | Arrowsmith | M40 | | 359 | 49.53 | 123 |
| Gareth | King | M40 | | 85 | 50.10 | 124 |
| Rachel | Connar | Lock Walsh | m | 36 | 50.18 | 125 |
| Will | Locke | M | | 152 | 50.25 | 126 |
| Richard | Smith | M40 | | 295 | 50.27 | 127 |
| Tony | Hulin | MVet | WADAC | 24 | 50.28 | 128 |
| David | Oswald | M | | 334 | 50.30 | 129 |
| Laura | De Lisle | F | | 333 | 50.35 | 130 |
| Mark | Sherwood | M | chineham park running club | 321 | 50.38 | 131 |
| Colin | Thatcher | M50 | | 93 | 50.41 | 132 |
| Nick | Bolshaw | M | | 275 | 50.43 | 133 |
| Richard | Jackson | M40 | | 317 | 50.43 | 134 |
| Emma | Hodge | F | | 116 | 50.46 | 135 |
| Julian | Smith | M50 | New Forest Runners | 280 | 50.46 | 136 |
| aaron | Thatcher | M | | 88 | 50.51 | 137 |
| Garry | Fitch | M | | 200 | 50.53 | 138 |
| Mark | Waughman | M40 | 7692685 | 189 | 50.56 | 139 |
| Alice | Lane | F40 | Romsey road | 326 | 50.57 | 140 |
| Sandra | Sommavilla | F40 | | 106 | 50.59 | 141 |
| David | Bell | M40 | | 130 | 51.01 | 142 |
| Matthew | Peach | M | | 104 | 51.03 | 143 |
| Andy | Sprott | M40 | | 327 | 51.07 | 144 |
| leigh | stanley | F | | 75 | 51.08 | 145 |
| Phillip | Williams | M40 | | 312 | 51.16 | 146 |
| Sarah | Reid | F40 | 2743423 | 131 | 51.17 | 147 |
| Helen | Hart | F40 | Hart Road Runners | 81 | 51.21 | 148 |
| claire | Tan | F40 | | 260 | 51.27 | 149 |
| Sam | Whiffen | M | | 211 | 51.36 | 150 |
| Marie | Brett | F40 | Itchen Spitfires Running Club | 148 | 51.40 | 151 |
| David | CROOK | MVet | Rotary Road Runners | 84 | 51.43 | 152 |
| Geoffrey | Robinson | M60 | Geoffrey Robinson | 60 | 51.49 | 153 |
| Bob | Lochinger | M50 | Army | 330 | 51.55 | 154 |
| Rob | Wilson | M40 | | 92 | 51.58 | 155 |

| | | | | | | |
|----------|------------|------|-------------------------------|-----|-------|-----|
| Richie | Pike | M50 | | 48 | 52.00 | 156 |
| Hannah | Drake | F | Hannah Drake | 210 | 52.07 | 157 |
| David | Harris | M | | 154 | 52.13 | 158 |
| Thomar | Hirst | M | | 299 | 52.19 | 159 |
| Colin | Shaw | MVet | Mel's Milers Jogging Club | 246 | 52.28 | 160 |
| Terry | Clarke | M50 | | 249 | 52.32 | 161 |
| Jo | Little | F40 | | 98 | 52.41 | 162 |
| Claire | Imhofe | F40 | | 259 | 52.51 | 163 |
| Mark | Cribb | M | | 338 | 52.51 | 164 |
| Sarah | Crewe-Read | F | 3454246 | 150 | 52.54 | 165 |
| Chris | Berry | M | 3272052 | 186 | 52.55 | 166 |
| Lorna | Martin | F | Hatch Warren Runners | 241 | 52.58 | 167 |
| Sarah | Spalton | F | | 364 | 52.59 | 168 |
| Philippa | Falconer | F | | 316 | 53.08 | 169 |
| Ross | Shaw | M | | 1 | 53.11 | 170 |
| Bryony | James | F | | 2 | 53.11 | 171 |
| Duncan | Abbott | M40 | | 199 | 53.13 | 172 |
| Alex | Prior | M | | 74 | 53.15 | 173 |
| Allison | Greenfield | F40 | | 357 | 53.19 | 174 |
| Sheryl | Reid | F40 | | 254 | 53.20 | 175 |
| David | Cribb | M | | 83 | 53.21 | 176 |
| Lisa | Fhithyan | F | 3154012 | 272 | 53.25 | 177 |
| Kelly | Milner | F | 3078725 | 149 | 53.43 | 178 |
| Mason | Milner | M | | 147 | 53.44 | 179 |
| Sandra | Hook | F50 | Stubbington green runners | 231 | 53.48 | 180 |
| Amy | Low | F | | 193 | 53.53 | 181 |
| Richard | Paget | M40 | | 242 | 53.55 | 182 |
| Andrew | Chang | M40 | | 197 | 53.56 | 183 |
| John | Davies | M50 | | 262 | 54.05 | 184 |
| John | Russell | M50 | | 363 | 54.06 | 185 |
| Simon | Morgan | M50 | | 103 | 54.08 | 186 |
| vijay | bhatt | M | | 107 | 54.09 | 187 |
| Paul | Philpott | M | | 78 | 54.14 | 188 |
| Marie | Fall | F | | 218 | 54.14 | 189 |
| Mehdi | Husain | M | | 79 | 54.29 | 190 |
| Keir | Tett | M | | 155 | 54.35 | 191 |
| Chris | Hancock | M | | 303 | 54.35 | 192 |
| Sarah | Baker | F | Bognor Regis ToneZone Runners | 39 | 54.51 | 193 |
| Stephen | Clow | M50 | | 339 | 54.54 | 194 |

| | | | | | | |
|----------|--------------|------|-------------------------------|-----|-------|-----|
| Tom | Amery | M40 | | 19 | 54.59 | 195 |
| Jill | Penn | F50 | | 323 | 54.59 | 196 |
| Mike | Whybro | MVet | | 229 | 55.01 | 197 |
| Peter | honeycombe | M50 | | 255 | 55.02 | 198 |
| Zillah | Leach | F40 | | 43 | 55.04 | 199 |
| Jules | Sutton | M40 | | 172 | 55.04 | 200 |
| Tim | Leach | M40 | | 42 | 55.10 | 201 |
| Gary | Fhithyan | M40 | 3154013 | 271 | 55.10 | 202 |
| Jane | Scrase | F | Alton Runners | 314 | 55.14 | 203 |
| Jim | Watson | M50 | | 170 | 55.16 | 204 |
| Paul | Martindale | M | | 53 | 55.27 | 205 |
| Heather | Baker | F | | 73 | 55.36 | 206 |
| Natalie | dillon | F | Portsmouth Joggers | 204 | 55.50 | 207 |
| Richard | Sherlock | M50 | Windle Valley Runners | 305 | 55.57 | 208 |
| Sarah | Haynes | F | | 109 | 55.58 | 209 |
| Beverley | hewes | F40 | | 163 | 56.05 | 210 |
| Ian | Howlett | M50 | | 356 | 56.07 | 211 |
| Monique | Van Nueten | F50 | 2813257 | 41 | 56.11 | 212 |
| Michael | Harrison | M50 | | 335 | 56.11 | 213 |
| Helen | Ward | F50 | | 285 | 56.20 | 214 |
| Ian | Willoughby | M40 | | 87 | 56.21 | 215 |
| Tamsin | Hollis | F | | 214 | 56.21 | 216 |
| Trevor | Draper | M | | 297 | 56.27 | 217 |
| Lydia | Lockhart | F | | 129 | 56.29 | 218 |
| Andy | Papanicolaou | M | 3432829 | 45 | 56.34 | 219 |
| Cat | Vaughan | F | | 47 | 56.34 | 220 |
| Stephen | Lock | M40 | | 35 | 56.35 | 221 |
| MAttthew | Abbott | M | | 59 | 56.37 | 222 |
| Darren | Gordon | M40 | | 173 | 56.43 | 223 |
| Claire | Denny | F40 | Itchen spitfires running club | 136 | 56.47 | 224 |
| Hayley | Cabbage | F | | 183 | 56.48 | 225 |
| Rachel | Sutch | F50 | 2972608 | 237 | 57.02 | 226 |
| Jack | Finney | M | | 281 | 57.16 | 227 |
| Laura | Slade | F | | 192 | 57.18 | 228 |
| Alex | Weight | F | 3462461 | 205 | 57.23 | 229 |
| LAUREN | LEWIS | F | | 56 | 57.26 | 230 |
| Samantha | Davies | F | | 258 | 57.33 | 231 |
| Adrian | Cobb | M40 | | 277 | 57.38 | 232 |
| Ross | Connell | M40 | 3373909 | 171 | 57.40 | 233 |

| | | | | | | |
|-----------|------------|-----|-------------------------------|-----|-------|-----|
| jane | Nockemann | F50 | portsmouth joggers | 167 | 57.43 | 234 |
| John | Hutchinson | M40 | | 151 | 57.45 | 235 |
| Judith | Couper | F50 | | 11 | 57.46 | 236 |
| Terry | Newman | M60 | 3418938EA | 69 | 57.51 | 237 |
| Alice | Vince | F | | 313 | 57.51 | 238 |
| Tom | Greenbank | M40 | | 276 | 57.57 | 239 |
| Zoe | Windsor | F | | 169 | 57.58 | 240 |
| Abigail | Hamilton | F | Itchen Spitfires Running Club | 206 | 57.59 | 241 |
| Edward | Broom | M | | 287 | 58.14 | 242 |
| Samuel | Arrowsmith | M | | 360 | 58.46 | 243 |
| Richard | Scrase | M | 3417824 | 44 | 58.50 | 244 |
| Chelsea | Sait | F | | 145 | 58.55 | 245 |
| Jay | Dillon | M | | 146 | 58.55 | 246 |
| Karen | Smith | F40 | Liss athletics | 191 | 58.55 | 247 |
| Katrina | Jones | F | | 239 | 58.57 | 248 |
| Nichola | Ashby | F | | 345 | 59.12 | 249 |
| barry | ramsay | M | | 80 | 59.18 | 250 |
| Chole | Sellwood | F | | 341 | 59.20 | 251 |
| Lorraine | Harris | F40 | Lordshill road runners | 142 | 59.21 | 252 |
| Elizabeth | Mant | F | | 115 | 59.25 | 253 |
| Kate | Goodridge | F | | 113 | 59.29 | 254 |
| Natasha | Oxley | F | | 180 | 59.43 | 255 |
| Gill | Wakefield | F50 | | 9 | 59.48 | 256 |
| Lisa | Gordon | F40 | | 174 | 60.06 | 257 |
| Debbie | Winn | F50 | Portsmouth Joggers | 227 | 60.07 | 258 |
| Sue | Cullum | F50 | Liss Runners | 66 | 60.08 | 259 |
| Lisa | Ashdown | F40 | Lordshill road runners | 265 | 60.12 | 260 |
| Benjamin | Exley | M | | 67 | 60.15 | 261 |
| Esme | Sleap | F | | 296 | 60.18 | 262 |
| Helen | Spring | F | | 269 | 60.23 | 263 |
| Cheryl | honeycombe | F50 | | 256 | 60.23 | 264 |
| sarah | blackman | F40 | | 274 | 60.27 | 265 |
| Guy | Morgan | M40 | | 343 | 60.42 | 266 |
| James | Finney | M | | 263 | 60.50 | 267 |
| Simon | Finney | M50 | | 282 | 60.50 | 268 |
| Felicity | Broom | F50 | | 286 | 61.11 | 269 |
| Stephanie | wilson | F | winchester running club | 245 | 61.20 | 270 |
| Nicki | White | F50 | STUBBINGTON GREEN RUNNERS | 318 | 61.26 | 271 |
| matthew | killick | M40 | | 196 | 62.18 | 272 |

| | | | | | | |
|---------------|-----------|------|---------------------------|-----|-------|-----|
| Andrew | Wyeth | M50 | | 16 | 62.22 | 273 |
| Anna | Wyeth | F | | 57 | 62.22 | 274 |
| Robert | Wesley | M60 | | 122 | 62.43 | 275 |
| Terry | Blake | MVet | Alton Runners | 257 | 62.49 | 276 |
| Rachael | Neall | F | | 133 | 62.51 | 277 |
| Leon | Cole | M | | 310 | 63.21 | 278 |
| Rob | Wall | M | | 315 | 64.05 | 279 |
| Steve | Flook | M60 | Mels Milers | 190 | 64.14 | 280 |
| SARAH | HOBBY | F | STUBBINGTON GREEN RUNNERS | 232 | 64.53 | 281 |
| Lucy | Sutton | F | | 354 | 64.58 | 282 |
| Gissele | Leishman | F40 | 3141848 | 253 | 65.00 | 283 |
| Claire | Stevens | F40 | | 86 | 65.01 | 284 |
| Lorraine | Morgan | F40 | P Joggers | 346 | 65.15 | 285 |
| Kevin | Exley | M40 | | 68 | 65.38 | 286 |
| Anna | Holmes | F | | 34 | 65.51 | 287 |
| Isabel | Gardner | F50 | Portsmouth Joggers | 220 | 67.00 | 288 |
| Louise | Ward | F | | 320 | 67.22 | 289 |
| Walter | Thorpe | Mvet | Basingstoke@MCD Hants AC | 290 | 67.58 | 290 |
| Zoe | Slattery | F60 | | 28 | 68.00 | 291 |
| Hannah | Boylin | F | | 89 | 68.44 | 292 |
| Peter | Lamb | M | | 90 | 68.44 | 293 |
| Michelle | Wakefield | F | | 25 | 69.16 | 294 |
| Hannah | Connelly | F | | 298 | 69.29 | 295 |
| Denise | Gardine | F50 | | 177 | 69.37 | 296 |
| Karen | Clark | F40 | Portsmouth Joggers | 201 | 69.52 | 297 |
| Alison | Smith | F40 | Portsmouth Joggers | 226 | 69.52 | 298 |
| Sue | Kemp | F40 | Hatch Warren Runners | 185 | 70.17 | 299 |
| Suzi | Jarman | F50 | | 178 | 70.28 | 300 |
| Emmaline | Hallum | F40 | Winchester running club | 179 | 70.28 | 301 |
| Joanne | Bevis | F40 | | 207 | 70.28 | 302 |
| Jude | McBride | F40 | | 144 | 70.45 | 303 |
| Danielle Bain | Bain | M | 3462420 | 266 | 70.45 | 304 |
| Joanna | Crichton | F | | 55 | 70.52 | 305 |
| Michaela | Nelson | F | Lordshill road runners | 120 | 71.41 | 306 |
| Caroline | Freeman | F50 | 2755415 | 71 | 72.45 | 307 |
| Kelly | May | F | | 261 | 72.50 | 308 |
| Jenny | French | F50 | Alton Runners | 72 | 72.55 | 309 |
| Nicola | Southwell | F40 | | 175 | 73.14 | 310 |
| Jenny | Dawes | F60 | Lordshill Road Runners | 27 | 74.05 | 311 |

| | | | | | | |
|---------|----------|-----|---------|-----|-------|-----|
| Sarah | Aldridge | F | 6959227 | 101 | 74.07 | 312 |
| Emma | Crichton | F | | 31 | 74.30 | 313 |
| Kay | March | F | | 96 | 78.12 | 314 |
| Annette | Temple | F50 | | 292 | 78.12 | 315 |